WASHINGTON COUNTY SCHOOL DISTRICT



## EDUCATION NIGHT **Event Topic:**

CORE: Parenting



🛗 Monday, May 6th, 2024 ि) 6:00 PM

Fossil Ridge Intermediate School 383 S Mall Dr.

St. George, UT 84790



How understanding personality and attachment can help parents be a safe-base for their kids to launch successfully into life.

## **Presenter: Cary MacArthur**

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**Bluechip Therapy** 

Cary is passionate about helping people discover who they truly are from the inside out. She and her husband have been married for 33 years. They have 5 kids and 8 grandkids. Together they co-hosted an award-winning personal development Podcast for 5 years. She specializes in Therapeutic methods and philosophies: Emotion-Focused, CBT, positive, solution-focused, person-centered, personality profiling, universal laws, spirituality and mindfulness, Christian-based. Experience and Specialization in trauma, substance abuse, attachment-related issues, pornography, relationship problems, anxiety, and depression.